

Colorado School for the Deaf and the Blind  
Breakfast Menu October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		Oct 1 Chicken Biscuit Hashbrowns Blueberry Parfait -GF Cereal Cold Assorted Cottage Cheese Granola Mix Apple, Fresh Orange Juice Milk choice 1%/Fat Free	Oct 2 Scrambled Eggs Cereal Cold Assorted Yogurt Granola Mix Scrambled Eggs Applesauce Grape Juice Cheese Stix Milk choice 1%/Fat Free	Oct 3 Ham egg & cheese on English muffin Cereal Cold Assorted Peach Parfait-GF Blueberries Apple Juice Yogurt Milk choice 1%/Fat Free
Oct 6  <b>No School</b>	Oct 7 French Toast Oatmeal Orange Wedges Apple Juice Hard Boiled Egg Milk choice 1%/Fat Free	Oct 8 Turkey Sausage & Egg Hashbrowns Blueberry Parfait -GF Cereal Cold Assorted Apple, Fresh Orange Juice Cottage Cheese Milk choice 1%/Fat Free	Oct 9 Scrambled Eggs Oatmeal raisin muffins Oatmeal Applesauce Grape Juice Cheese Stick Milk choice 1%/Fat Free	Oct 10 White Sausage Gravy & Biscuit Peach Parfait-GF Cereal Cold Assorted Blueberries Apple Juice Milk choice 1%/Fat Free
Oct 13 Scrambled Eggs Avocado Toast Cereal Cold Assorted Bananas Orange Juice Yogurt Milk choice 1%/Fat Free	Oct 14 Pancakes Oatmeal Granola Mix Orange Wedges Apple Juice Hard Boiled Egg Milk choice 1%/Fat Free	Oct 15 Ham, egg, cheese English-muffin Hashbrowns Cereal Cold Assorted Blueberry Parfait -GF Apple Orange Juice Milk choice 1%/Fat Free	Oct 16 Scrambled Eggs Cranberry Streusel Muffin Oatmeal Granola Mix Applesauce Grape Juice Cheese Stix Milk choice 1%/Fat Free	Oct 17 Egg-potato-cheese burrito Cereal Cold Assorted Peach Parfait-GF Blueberries Apple Juice Yogurt Milk choice 1%/Fat Free
Oct 20 Ham & Cheese Croissant Cereal Cold Assorted Scrambled Eggs Bananas Orange Juice Yogurt Milk choice 1%/Fat Free	Oct 21 French Toast-WW Oatmeal Granola Mix Orange Wedges Apple Juice Hard Boiled Egg Milk choice 1%/Fat Free	Oct 22 Ham & Cheese Biscuit Hashbrowns Cereal Cold Assorted Blueberry Parfait -GF Apple, Fresh-Breakfast Orange Juice Milk choice 1%/Fat Free	Oct 23 Scrambled Eggs Banana muffins Oatmeal Granola Mix Applesauce Grape Juice Cheese Stix Milk choice 1%/Fat Free	Oct 24  <b>No School</b>
Oct 27 Scrambled Eggs UBR Breakfast bar Cereal Cold Assorted Bananas Orange Juice Yogurt Milk choice 1%/Fat Free	Oct 28 Pancakes Oatmeal Granola Mix Orange Wedges Apple Juice Hard Boiled Egg Milk choice 1%/Fat Free	Oct 29 Turkey Sausage & Egg Hashbrowns Cereal Cold Assorted Blueberry Parfait -GF Apple, Fresh Orange Juice Cottage Cheese Milk choice 1%/Fat Free	Oct 30 Scrambled Eggs Avocado Toast Oatmeal Granola Mix Applesauce Grape Juice Cheese Stix Milk choice 1%/Fat Free	Oct 31 Egg-ham-cheese burrito Cereal Cold Assorted Peach Parfait-GF Blueberries Apple Juice Yogurt Milk choice 1%/Fat Free

This institution is an equal opportunity provider. Menu subject to change.