|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Sept 1 | Sept 2

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |
| --- |
| BBQ pork sandwich |
| Coleslaw |
| Sweet potato fries |
| Black Bean Salad |
| Chicken vegetable soup |

 |

 | Sept 3

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |
| --- |
| Chili con carne  |
| Corn Muffins |
| Macaroni salad |
| BBQ Chicken Pasta Salad |
| Cream of Broccoli |

 |

 | Sept 4

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |
| --- |
| Taco casserole |
| Refried beans |
| Spanish Rice |
| Black Bean Salad |
| Beef & Noodle soup |

 |

 | Sept 5No Dinner |
| Sept 8

|  |
| --- |
| Chicken Fried Steak |
| Mashed potatoes & gravy |
| Roasted cauliflower and red pepper |
| Mediterranean Salad |
| Cream of Chicken Soup |

 | Sept 9

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |
| --- |
| Teriyaki Chicken |
| Brown Rice |
| Asian Slaw |
| Apple Chicken Salad |
| Black Bean Soup |

 |

 | Sept 10

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |
| --- |
| Sausage Egg Bake  |
| Hash Brown |
| Fruit Mix |
| Mediterranean Salad |
| Bean & Ham Soup |

 |

 | Sept 11

|  |
| --- |
| Chicken Enchiladas |
| Cilantro Lime Rice |
| Spicy Black Beans |
| Apple Chicken Salad |
| Cream of Cauliflower |

 | Sept 12No Dinner |
| Sept 15

|  |
| --- |
| Spaghetti & Meatball |
| Broccoli |
| breadsticks |
| Tuna Salad |

 | Sept 16

|  |
| --- |
| BBQ Chicken |
| Roasted red potatoes |
| Succotash salad |
| Jello |
| French onion soup |

 | Sept 17

|  |
| --- |
| Scalloped Potatoes & Ham |
| Roasted brussel sprouts |
| Corn muffins |
| Tuna Salad |
| Pizza soup |

 | Sept 18

|  |
| --- |
| Fish fillet sandwich with Tartar sauce |
| Roasted sweet potato wedges |
| peas & carrots |
| Jello |
| Veggie beef soup |

 | Sept 19No Dinner |
| Sept 22

|  |
| --- |
| Loaded Nacho Bar ground turkey |
| Tortilla chips/salsa |
| pinto beans/cilantro lime rice |
| Elote corn salad |
| Chicken noodle soup |

 | Sept 23

|  |
| --- |
| Grilled Cheese Sandwich |
| Veggie Pasta |
| Baked beans |
| Chicken salad |
| Tomato Soup |

 | Sept 24

|  |
| --- |
| Herb roasted chicken |
| Mashed Potato & gravy |
| Vegetable medley |
| Orange wedges |
| Beef vegetable soup/ Fish Chowder |

 | Sept 25

|  |
| --- |
| Tater Tot Shepherd's pie |
| tater tots |
| Coleslaw |
| Chicken salad |
| Cream of Corn soup |

 | Sept 26No Dinner |
| Sept 29

|  |
| --- |
| Beef tips with noodles |
| Dinner roll |
| Peas & carrots |
| Broccoli Salad |
| Chicken tortilla soup |

 | Sept 30

|  |
| --- |
| Sausage, egg & cheese sandwich |
| Hashbrowns |
| Fruit Mix |
| Ham & pea salad |
| Broccoli & cheese soup |

 | Oct 1 | Oct 2 | Oct 3 |