

Hello CSDB Parents & Guardians,

Welcome back to CSDB school year 2023-2024! I would like to take a moment to introduce myself, I am Max Wilding, Activities Specialist / Athletic Director at CSDB. I am thrilled to work with your student in our athletic programs at CSDB. We are excited to start our Fall sports season.

We will offer a variety of sports and activities this year. If your child is interested in participating in interscholastic sports, please see different letters/packets. This letter is regarding the Special Olympics sports. If your child is interested in participating, please complete the forms online or bring back the copy to the Athletic Director by the first day of school, August 14. The signed forms must be received to participate in any practices, games, or meets. **The special Olympics fees of \$80 included all 3 sports, bowling, basketball, and track & field.** will be collected at the beginning of each season. You will be notified that the fee is due and should be paid by the first day of scheduled practice. The fee helps cover the cost of transportation, meals, equipment, league fees, shirt/uniform and other expenses.

- Special Olympics will be offering Bowling, Basketball and Track & Field
  - Bowling September to October
  - o Basketball January to March
  - Track & Field April to May
- We also offer many after-school activities, if you are interested in more information, please email me. We will provide flag football, soccer, archery, elementary adventures, and other activities.

If your child is interested in participating in any special Olympics sports, please complete the concussion form in this packet and return it by the first day of practice for that sport. There are as well different forms that need to be done through Special Olympics Platform, please follow the instructions from coach Jessica Rawlins. There is a separate form for afterschool activities, please go to that form.

We will have our school Medical Director, Dr. Gage, on campus to do sports physicals for our athletes. He will be available for appointments varies dates throughout the year. The cost for the physical is \$20. Please email Max Wilding at <a href="mailto:mwilding@csdb.org">mwilding@csdb.org</a> ASAP if you would like to schedule an appointment for your athlete to receive a physical here at school. (The Special Olympics has their own physical form, please use that form to complete the exam).

Please do not hesitate to contact me directly with your questions or concerns.

Thank you,

Max Wilding
CSDB Activities Specialist / Athletic Director
mwilding@csdb.org
Text- 719-726-5165 / VP-719-358-2629





## Colorado School for the Deaf and the Blind

School Year: 2023-2024

Department of Athletics

## **CONCUSSION AGREEMENT FORM**

**REMEMBER**: Concussions affect people differently. While most athletes with concussion recover quickly and fully, some will have symptoms that last for days or even weeks. A more serious concussion can last for months or longer.

It is better to miss one game than the whole season.

<u>CHSAA CONCUSSION BY-LAW</u>: Any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from participation and shall not return to play until cleared by a licensed healthcare practitioner (Doctor of Medicine, Doctor of Osteopathic Medicine, Licensed Nurse Practitioner, Licensed Physician Assistant, or Licensed Doctor of Psychology with Training in Neuropsychology or Concussion Evaluation and Management).

Any health care professional or CHSAA coach may identify concussive signs, symptoms, or behaviors of a student athlete during any type of athletic activity. Once concussive signs are identified, only a licensed healthcare practitioner (as defined above) can clear the athlete to return to play.

Return-to-Play protocol before resuming cognitive and physical activity with the help of doctors, coaches, athletic trainers, and teachers.

We have read the Concussion Information Sheet and understand the expectations stated. We understand the Colorado High School Activities Association's Concussion By-Law.

Student-Athlete Signature
Date
Parent or Guardian Signature

Date